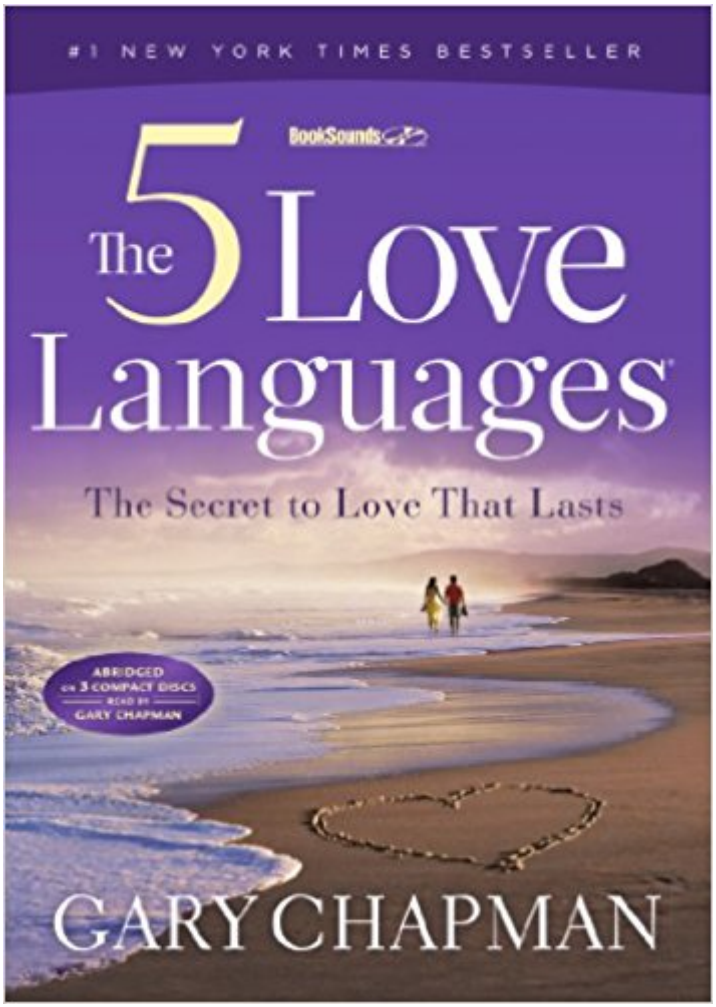
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The Five Love Languages Audio CD: The Secret To Love That Lasts



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Synopsis

For partners seeking harmony, how we express ourselves is as important as what we say. What speaks to volumes to you may be meaningless to your spouse. But here, at last, is the key to understanding each other's unique needs. Apply the right principles, learn the right language, and soon you'll know the profound satisfaction and joy of being able to express your love--and feeling truly loved in return. This CD helps us figure out which words and actions our spouse interprets as loving and affirming, and which ones are indifferent and demeaning.In the #1 New York Times bestselling book The 5 Love Languages, you'll discover the secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to showing and receiving love will help you experience deeper and richer levels of intimacy with your partner-starting today.The 5 Love Languages is as practical as it is insightful. Updated to reflect the complexities of relationships in today's world, this new edition reveals intrinsic truths and applies relevant, actionable wisdom in ways that work. Practice the simple steps outlined in each chapter and you'll be on your way to a healthier, mutually beneficial relationship.

Book Information

Audio CD

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Customer Reviews

Unhappiness in marriage often has a simple root cause: we speak different love languages, believes Dr. Gary Chapman. While working as a marriage counselor for more than 30 years, he identified five love languages: Words of Affirmation, Quality Time, Receiving Gifts, Acts of Service, and Physical Touch. In a friendly, often humorous style, he unpacks each one. Some husbands or wives may crave focused attention; another needs regular praise. Gifts are highly important to one

spouse, while another sees fixing a leaky faucet, ironing a shirt, or cooking a meal as filling their "love tank." Some partners might find physical touch makes them feel valued: holding hands, giving back rubs, and sexual contact. Chapman illustrates each love language with real-life examples from his counseling practice. How do you discover your spouse’s – and your own – love language? Chapman’s short questionnaires are one of several ways to find out. Throughout the book, he also includes application questions that can be answered more extensively in the beautifully detailed companion leather journal (an exclusive .com set). Each section of the journal corresponds with a chapter from the book, offering opportunities for deeper reflection on your marriage. Although some readers may find choosing to love a spouse that they no longer even like –hoping the feelings of affection will follow later– a difficult concept to swallow, Chapman promises that the results will be worth the effort. "Love is a choice," says Chapman. "And either partner can start the process today." --Cindy Crosby. This text refers to the .com Exclusive Journal & Paperback Book Set. --This text refers to an alternate Audio CD edition.

"In this unabridged recording of material the author has been perfecting for years, he says that people experience love most strongly through one of five love languages--quality time, words of encouragement, gifts, acts of service, and physical touch. Chapman’s thoughtful, youthful sounding voice offers these insights not as the Five Commandments of Marriage, but as suggestions he hopes will be helpful. He provides humble examples from his counseling practice, which illuminate his ideas and give a human, down-to-earth quality to the lesson. Without making light of the work a marriage requires, he’ll convince most listeners that with just a little planning and effort they can make a good marriage great and a broken partnership truly satisfying again."Ã Â T.W. 2006 Audie Award Winner Ã Â© AudioFile Portland, Maine --This text refers to an alternate Audio CD edition.

It is definitely a good book for couples and it has improved my relationship with my wife. If nothing else it shows you what things your partner is really looking for out of their spouse. I quickly found that my love language was "Acts of Service". Though it might not be sexy or macho to say that, it means more to me to have the dishes and laundry done when I come home after work or have minor home improvements taken care of before I get home. My wife and I have 2 small children and our house is hard to stay clean because every room feels like a mess. We do clean it all the time but it feels like a losing battle. My wife’s love language is "Words of Affirmation". As you can tell from all these reviews I am much more of a writer than I am a talker. My wife is always looking for me to say how much I love and appreciate her because I don’t say it often enough.A big part of improving

your relationship with your spouse or boyfriend/girlfriend is to sticking with a date night to make sure you have quality time together. Especially if you have children or a high stress occupation. My wife and I have been together for 10 years and got stuck in the rut of an endless routine of doing everything we could for our kids, followed by daily chores and left little time for ourselves. Committing to 1 date night a week has really helped our relationship and improved our communication.I recommend the book for sure and found it inspiring and worth reading. All couples can benefit from reading this book. The only downside is I wish it could have been a little longer. The stories from the author are interesting and I would have liked to have heard a bunch of his other examples of couples that he has dealt with. It was a short book and my wife and I finished it in 4 or 5 days and that was reading it slowly. The price is easily affordable. I found it best to photo copy the test quiz at the end instead of writing in the book so we can give the book to any family or friends who are struggling with their relationship.

A friend recommended to me when I just broke up. It opened my eyes and heart. I never thought about relationship can be analyzed this way. I can’t believe it’s a matter of science! During my growth, my parents never talked about how to date, and they tried to avoid the topic of men and women, as if we will figure out by myself. Unfortunately, this is like everything else, without being learned, we will make no matter how many mistakes and for how long to understand how to date a guy and how to choose a guy to date, how to manage or maintain a relationship. We will hurt a lot, fall a lot, cry a lot and even get perpetual mental wound. Just because we were not educated well enough on this topic, not like other things we were taught at school.

Excellent book and very insightful. Highly recommend for anyone interested in learning more about love and in what ways people respond to and show love. I learned about my own love language and my boyfriend’s love language. Very interesting and inspiring.

I really loved this book. It was recommended by a friend of mine after her and her husband read it together, and my husband is starting it now as well. It really "clicked" and made sense as I was reading what our love languages were and what ways we were or were not filling our love tanks. We already have a wonderful marriage but the ideas in this book will make us even stronger. I’m excited for him to finish his men’s version as well so we can discuss it on our next date night. :)I really enjoyed reading the personal stories of other couples that the author included in the book as well. It showed how these ideas can really help in almost ANY situation. We’ve decided our toddler is most

definitely someone with a "physical touch" love language and we will be purchasing the version for children as well.

Purchased two books, one for my daughter and one for her boyfriend. They are looking forward in reading this together and have just finished reading and going through,Whatever Is...: A Couple's Devotional for Christian Dating in a Secular World.

Friend recently divorced & it helped her understand a lot of what or why things happen. She's on the mend earlier she feels because of its influence. These books (Five love languages) on children &teens are wonderful too.

My other half and I quite enjoyed this book. We began reading it in hopes of better identifying what was already evident to us as different communication styles, and now have a better understanding with good examples of how to "read" and "reach" each other in a way the other person will understand. The quiz at the end helped us rank/prioritize our individually-favored styles, and we appreciated the opportunity to share insight into why we chose what we chose. Definitely a great tool that put words to what we already knew were individual differences, and have seen improvement since. Would recommmend a look.

Have heard so many people comment as to what a great book this is. I read parts of it while on the plane to a bridal shower, for my future granddaughter in-law. It was a gift for she and our eldest grandson. I like what I read, and it was easy to understand and could be used in all kinds of relationships, not married couples.

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